

## Positive Parenting Telephone Service

#### Our free 6 to 10 week program helps you to:

- Have stronger, more positive relationships
- Set rules and limits
- Manage everyday behaviour problems

# Our program is for parents, grandparents and carers of children aged 2 to 12 years.

Participants complete a workbook and are supported by weekly 30 minute phone calls with a trained parenting educator.

All of this can be done from the comfort of your own home at a time that suits you.



This is a **FREE** service, and enrolments are taken all year round. Call us for more information or to enrol.





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