





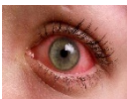





# Guidelines for Keeping Sick Children Home From School

Please keep me home if.....

I have a fever	I am vomiting (or have vomited)	I have diarrhea	I have a rash	I have the flu	I have lice/nits	I have an eye infection	I have a sore throat/strep throat	I have been in the hospital	I am just not feeling very good
									
Temperature of 38°C in the last 24 hours	Vomited in the last 24 hours	Two or more watery stools in the last 24 hours	Body or face rash with itching or fever	High fever, chills, sore throat, muscle/body aches, tiredness	Itchy scalp	White part of eye is red and/or pus draining from eye	Red sore throat, swollen tonsils, fever and/or rash	Hospital stay or emergency room visit	Unusually tired and/or pale. Lack of appetite

I can return to school when....

I am fever free without the assistance of medication (ie Panadol, Ibuprofen ) for 24 hours.	I am free from vomiting for 24 hours.	I have not any diarrhea for 24 hours.		I am fever free without the assistance of medication (ie Panadol, Ibuprofen) for 24 hours.	I have been brought to the school nurse by my parent/guardian prior to returning to class.	I have clear eyes that are not draining. I have completed 24 hours of treatment.	I am fever free without the assistance of medication (ie Panadol, Ibuprofen) for 24 hours.	A copy of the discharge instructions and/or doctor's note permitting me to return to class that includes any special instructions (ie changes to my usual daily program and length of these changes).	I am feeling better and acting like I normally do.
A note/call from my parent/guardian	A note/call from my parent/guardian.	A note/call from my parent/guardian.	A doctor's note allowing me to return to school.	If diagnosed with the flu, please call your school nurse to let her know.		A doctor's note allowing me to return to school if diagnosed with pinkeye and treated with 24 hours of antibiotics/ three doses.	A doctor's note allowing me to return to school if diagnosed with strep throat and treated with 24 hours of antibiotics/ three doses.		

If I show any of the signs of illness at school, it will be necessary to pick me up from school. Please keep all emergency information up to date.