

Parents Representative Council
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Emerging from COVID-19: Implications for Wellbeing HELPING YOUR CHILD MANAGE ANXIETY





Learn effective way to deal with child anxiety.

How to encourage positive behavior practices.

What can you do?

Our guest speaker for the evening is:

## Anoushka Houseman Clinical Psychologist

School Wellbeing councilor - Santa Sophia Catholic College Catholic Education Diocese of Parramatta (CEDP)



Register FREE now: www.prc.catholic.edu.au

Monday, 24<sup>th</sup> May 2021
Meeting will be held via Zoom
7 pm start

www.prc.catholic.edu.au



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Floral Expressions

For details on the School fundraising program Call Charles Lukasik on 02 9683 1116

