

St Joseph's School Wandal

Cross Country & Obstacle Course



Tuesday 30 March & Thursday 1 April 2021



Tuesday Venue: St Joseph's School Wandal
Starting Time: 10.00AM
PREP – YEAR 2

Thursday Venue: Southside United Soccer Club
Starting Time: 9.00AM
YEARS 3 – 6 STUDENTS

PROGRAM:

Tuesday

10am – 11am – **Year Two**

11:40am – 12:40pm - 40pm – **Year One**

12:40pm – 1:40pm - **Prep**

Obstacle Course 2 laps

Obstacle Course 1 lap

Obstacle Course (with Buddies)

Thursday

12 year old Boys & Girls

11 year old Boys

11 year old Girls

10 year old Boys

10 year old Girls

9 year old Boys & Girls **Year Four**

8 & 9 year old Boys & Girls **Year Three**

3000 metres

3000 metres

3000 metres

2000 metres

2000 metres

1500 metres

1500 metres

What to Wear:

- *School Hats*
- *Joggers/Runners (NO BARE FEET)*
- *House Colour Shirt (if you have one) or Sports Uniform*
- *Water bottle*
- *Positive attitude*
- *Team spirit*