

St Joseph's School Wandal

Cross Country & Obstacle Course



**Tuesday 30 March &
Thursday 1 April 2021**



Tuesday Venue: St Joseph's School Wandal

Starting Time: 10.00AM

PREP – YEAR 2

Thursday Venue: Southside United Soccer Club

Starting Time: 9.00AM

YEARS 3 – 6 STUDENTS

PROGRAM:

Tuesday

10am – 11am – **Year Two**

11:40am – 12:40pm - 40pm – **Year One**

12:40pm – 1:40pm - **Prep**

Obstacle Course 2 laps

Obstacle Course 1 lap

Obstacle Course (with Buddies)

Thursday

12 year old Boys & Girls

11 year old Boys

11 year old Girls

10 year old Boys

10 year old Girls

9 year old Boys & Girls **Year Four**

8 & 9 year old Boys & Girls **Year Three**

3000 metres

3000 metres

3000 metres

2000 metres

2000 metres

1500 metres

1500 metres

What to Wear:

- **School Hats**
- **Joggers/Runners (NO BARE FEET)**
- **House Colour Shirt (if you have one) or Sports Uniform**
- **Water bottle**
- **Positive attitude**
- **Team spirit**